

GROUP

CLASSES



ELEVATE



MONROE COUNTY

SHERIFF

MON

PSB Gym
12:00p-1:00p

TUES

Elevate Gym
12:00p-1:00p

WED

PSB Gym
3:30p-4:30p

THURS

Elevate Gym
2:00p-1:00p

REGISTER FOR CLASSES AT
[HTTPS://ELEVATE585.COM/MCSO/](https://elevate585.com/mcso/)

**Biweekly Classes Open to ALL Monroe County
Sheriff's Office Employees**